

## What is the Biodex XB?

State-of-the-art equipment to help determine movement disorders, neurological pathologies, and to determine your risk of falling due to balance impairments.

## What is a fall risk assessment?

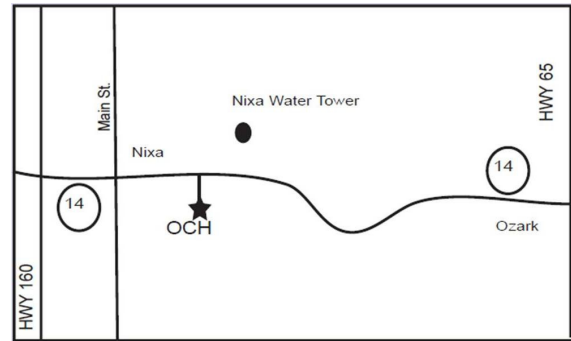
The equipment will generate an objective performance baseline to be used in balance training to improve balance and control. Following your completion of the training program, your results will be compared to your initial assessment.

## What are the benefits?

Balance training is designed to improve stability, proprioception, range of motion, weight shift, and center of gravity control.



*Progressive partnership with Ozarks Community Hospital*



## OCH Christian County Clinic

105 S. Ridgecrest—Nixa, MO

**PHONE: 417-724-3198**

**FAX: 725-7373**

[www.advantagetherapyonline.com](http://www.advantagetherapyonline.com)

**Call today to schedule your  
FALL RISK ASSESSMENT!**

# FALL RISK ASSESSMENT



**OCH/Advantage Therapy**  
105 S. Ridgecrest—Nixa, MO  
**417-724-3198**

## Kerry Scott, MS, PT Fall Risk Specialist



Kerry will provide a comprehensive Fall Risk Assessment to identify your balance impairments and will create an individualized balance training program designed specifically for your balance goals.

Call Kim to schedule  
an appointment:  
**724-3198**

# Who can benefit from balance training?

- Elderly men and women
- Knee injury patients
- Athletes
- Children

## Biodex XB Screenings

While the equipment is designed to determine fall risk, it also conducts other tests to assist your therapist in creating the proper training program.

Ask your therapist about:

- **CTSIB Screen**  
*Determines which sensory system the patient relies on to maintain balance.*
- **Knee Injury Screen**  
*Consistent with the testing at leading sports medicine programs.*

